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U.S. Army Garrisons Vicenza & Livorno

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The monthly Up Front will be hosted by USAG Vicenza Commander Col. Erik Daiga Friday at 8:05 a.m.

Featured topics include the education center, including getting started on a degree, financial aid and programs offered at the education center.

In the studio with Daiga will be CTU, UMUC and education center representatives. Can't get 106 FM on your radio? It will be broadcast on Channel 142 on your AFN decoder.

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SPRING FORWARD

Community members are reminded to turn their clocks forward one hour beginning Sunday at 2 a.m. in observance of daylight savings, Central European Summer Time.

2010 SOY NOY winners named

By ANNETTE FOURNIER

USAG Vicenza Public Affairs

Several Vicenza- and Livorno-based troops sweated their way through four days of competition as they vied for the Soldier and NCO of the Year titles during the annual competition at Caserma Ederle March 15-18.

The Soldiers, representing the veterinary, dental and health clinics, and U.S. Army Garrisons Vicenza and Livorno, were

evaluated in a number of areas, including a physical fitness test, an essay test, a 12mile foot march with rucksack, weapons maintenance and accuracy at the firing range.

They also performed warrior tasks such as first aid, preventing shock and stopping bleeding, searching a vehicle, interacting with the media and land navigation, and competed in an oral board.

See SOY NOY Page 3

The winners are:

USAG Vicenza Garrison NCO of the Year Staff Sgt. William Delong and USAG Vicenza Soldier of the Year Spc. Michael Crawford.

Medical Command NCO of the Year Sgt. John Stepp, Southern Europe District Veterinary Command, and MEDCOM Soldier of the Year Spc. Saidkhodja Kasimov, US Army Dental Clinic Vicenza

USAG Livorno NCO of the Year Staff Sgt. Shawn McKenna.



LOCAL SOLDIER-CHEF WINS BIG AT CULINARY CONTEST

When Sgt. Ken Turman (left) drizzled thickened meat juice around a plate of herb pork tenderloin crepinette, he was putting the finishing touches on an entrée that would take top honors at the 35th U.S. Army Culinary Arts Competition. Turman, a U.S. Army Africa chef who works at the post dining facility, served as team captain for U.S. Army Europe's team during the March 12 competition at Fort Lee, Va. The team earned 22 gold, nine silver and five bronze awards. The military chefs also earned the top team prize, Installation of the Year award. It's the first time since 1992 that a USAREUR team received the title. The team, including Staff Sgt. Stevie Branson (pictured at right), also won the best team buffet table award. *Visit the U.S. Army Africa homepage for the complete story*.

Photo by Kimberly Fritz

173rd course trains Afghan Army leaders

Story and photo by Pfc. MICHAEL SWORD *Task Force Bayonet Public Affairs*

LOGAR PROVINCE, Afghanistan – After four days of classes, discussions and training, troops from the 2nd and 6th Kandak, 201st Corps, Afghan National Army, graduated the senior leaders course put on by 1st Battalion, 503rd Infantry Regiment, 173rd Airborne Brigade Combat Team, at Forward Operating Base Airborne, March 4.

The course was a joint-effort between Marineembedded training teams for both 2nd and 6th Kandak, their sergeants major and Soldiers of 1st Bn., 503rd Inf. Regt.

"We based it off of the concept for our battalion's team leader course," said Command Sgt. Maj. John Bagby, command sergeant major of 1st Bn., 503rd Inf. Regt., of Tuscaloosa, Ala.

"We got the ETT guys from both kandaks, using their

See 1-503 SOLDIER Page 3



Sgt. 1st Class Paul Makwakwa, 1st Bn., 503rd Inf. Regt., demonstrates techniques to soldiers of the Afghan National Army during a squad movement training class, part of their first senior leaders course at Forward Operating Base Airborne, Feb. 28- March 4.

DPW gives overview of Ederle construction projects



Photo by Laura Kreider

The gym pool is open after a long hiatus and complete refurbishment. Other construction projects include: a pavilion at Hoekstra Field (complete in May), barracks repairs (November), deployment processing center renovations (August), Bldg. 311 conference and catering center renovation (December) and the post office consolidation (June).

USAG Vicenza DPW

USAG Vicenza has received funding over the past two fiscal that allowed it to build new and refurbish older facilities.

"This has not been without associated growing pains along the way," said Greg Vallery, chief of DPW's Engineering Division. "We certainly appreciate everyone's patience and believe the results and efforts of everyone involved will pay off for the Quality of Life for our Soldiers, family members and the supporting community."

■ Some of the recently completed projects include:

Ederle Inn Renovation and Addition

The Ederle Inn project has refurbished both wings of the existing Inn and provided two additional wings. It brings more than

See BARRACKS Page 2

Garrison news

Barracks to undergo repair, maintenance

continued from Page 1

rooms and suites to the community and also includes pet-friendly accommodations. Along with that comes more than 80 additional parking spaces, providing convenience and easing the parking congestion on post.

Central Processing Facility and Community Playground

The CPF has recently completed their move from Bldg. 311, the Golden Lion, to the renovated Bldg. 393, formerly the Body Shop. The facility provides a onestop shop for all in- and out-processing needs. Along with the CPF, the adjacent community playground, has also opened.

Physical Fitness Center Renovation (PFC)

The fourth and final phase of the PFC renovation has been completed providing racquetball courts, Wellness Center, combatives room, family fitness area, administrative offices, storage room and locker room facilities. The new gym provides an open and modern facility for troops and community members to stay physically fit.

Post Gym Pool

The gym pool is back online after a long hiatus. The complete refurbishment included all new filtration and mechanical equipment and brought the pool up to current health and safety standards. The largest change is the pool enclosure, built of retractable, double-pane, insulatedglass panels.

This structure, and the heating and ventilation system provide year-round swimming for the community.

CoGeneration Powerplant

"Although most people do not realize that we have a central boiler plant that provides heat for Caserma Ederle, this facility was recently renovated replacing the old boilers with high-efficiency units and modified to provide a whole new dimension, the ability to generate electrical power," said Vallery.

The CoGeneration Powerplant is comprised of two modular package diesel engines each putting out a maximum of 1.5MW of electrical power and almost 2.5MW of recovered heat as steam and hot water. This system is large enough to

support the energy needs of 1000 homes. The two units will provide approximately 40 percent of the installation's peak electrical load.

"Of key importance is that this system was funded under the Energy Savings Performance Contract and is being paid off in an estimated seven years based upon energy cost savings," Vallery said.

■ Ongoing construction projects include:

Pavilion at Hoekstra Field

This project will construct a new pavilion on Hoekstra Field. Vallery said the pavilion will make a "beautiful architectural setting with its metal structure copper roof and stone accents for community gatherings and ceremonies, as well as be used for deployment and redeployment activities." The facility will include bathrooms, food-serving areas, and be wired for power, lights, sound and video system and LAN connections. The contract was awarded in September 2009 and is scheduled for completion in May.

Post Office Consolidation

The project to consolidate the post office will provide one-stop services for the community's postal needs. It will merge the APO, CMR, official mail and package pick-up into one service area. The project was awarded in November 2009 and is expected to be completed

Enhanced Health Service Center and Additional Parking

The EHSC will offer a larger, more modern facility for the community when it opens in August 2010. "It will be architecturally unique as a focal point for Caserma Ederle," said Vallery. "An additional benefit is the return of the perimeter road and associated parking as well as additional dedicated EHSC parking. Well over 200 parking spots are planned to be open to the community by August.

Vicenza HQs Bldg. 109

This project will construct a two-story addition onto Bldg. 109 to be used for administration offices and will modify the interior of the existing portion of Bldg. 109 once the new addition is complete.

The modification of the existing building includes the demolition of the external stairs and the addition of an elevator (to comply with current laws and standards). The two-story addition will be integrated with the existing building using a roof with sky lights and the new north-facing façade will have balconies to enhance the architectural character of the building. This contract was awarded in September 2009 and is scheduled for completion in September 2010.

Bldg. 300 Deployment **Processing Center Renovation**

This project will renovate the old Club V facility to be used as a deployment/ redeployment processing center. The facility will be brought up to standards for seismic, environmental, energy, fire, safety and health requirements.

It will convert the club portion of the building into meeting rooms to include updated bathrooms, and improve functionality and comfort. The renovation includes the installation of new external thermal-wall insulation and windows and doors will be replaced or modified to meet force protection standards.

It will also include a new sprinkler system, electrical system for power and lighting, plumbing, heating, ventilation and air conditioning (HVAC) to comply with current law and standards. This contract was awarded in September 2009 and is set for completion in August.

Bldg. 311 Conference and **Catering Center Renovation**

With the move of the CPF, the "Golden Lion" will undergo a retransformation into a conference and catering center. Renovations will bring the facility up to standards for seismic, environmental, energy, fire, safety and health requirements. It will convert the administration area of the CPF into an open conference room that can be subdivided into smaller areas. In addition there will be breakout meeting rooms and a translator booth as well as communication and wiring for those services. Also included is a complete upgrade of the mechanical systems to improve functionality and comfort of the building. This contract was awarded in September 2009 and is expected to be completed in December.

Administrative Office Bldg. 28 Renovation

"The renovation of Bldg. 28 will provide a long overdue upgrade of the administrative building that houses DRM, Finance and many other functions," said Vallery. The facility will receive features such as indoor plumbing, upgrades to the electrical system, heating, ventilation and air conditioning (HVAC) to comply with the current law and standards. Renovations also include adding second story mezzanines in the single story areas, providing approximately 6,000-square feet. This contract was awarded in September 2009 and will be performed in three phases which are scheduled for completion in May 2011.

■ New construction projects include:

CPAC Relocation and Bldg. 327 Renovation

In efforts to consolidate from leased facilities and in coordination with the move of the elementary and middle school, the kindergarten Bldg. 327 will be converted to house the Civilian Personnel Advisory Center (CPAC).

The facility will be completely changed from classrooms to offices, and the bathrooms renovated. In addition, the kindergarten playground will be turned over to the community. The project is anticipated for award in September and completion around March 2011.

Barracks Repairs

As has been performed in previous deployments, all unoccupied barracks will be 100 percent repaired. Typical repairs include doors, windows, screens, fans, lights, toilets, showers, sinks, as well as routine maintenance and cleaning of the HVAC and a fresh coat of paint. "This year we will also add door bells to each of the rooms below the resident's nameplate," said Vallery. "This is actual multiple projects which are our most important projects yet to be awarded this year."

These projects will be awarded April through July and all should be completed by November.

Speak What are your spring break plans?



Maj. Lee Clark U.S. Army Africa

"Going back to Charleston, S.C., to visit my wife and children."

2



Moira Cameron 6th grader

"Enjoy Vicenza while we are here because we PCS in May."



Lesley J. Gomez Vicenza Elementary School

"Enjoy the outdoors with friends and family and visit sites in Veneto."



Maj. James Hayes U.S. Army Africa

"Florence, Rome, Pisa with my wife, kids, and mother-in-law."



Amanda Rauwolf CYSS

"I am going on the Youth Center trip to Paris."

1-503 Soldier sees progress in Afghan Army

continued from Page 1

their experience working with the ANA, to come up with a base list of classes they thought they needed," he said. "We also brought in both kandak sergeants major and they gave us a list of other classes they wanted taught to their senior leaders."

After months of joint-planning, the course was ready. The training focused on a variety of subjects, including staff functions, physical training, maintenance and squad movement techniques. The intent was to make the classes discussion-based and let the ANA soldiers share their experiences.

Sgt. 1st Class, Paul Makwakwa, a former Army Ranger instructor, was in charge of teaching the squad

movement and hand and arm signals classes. Makwakwa also taught the importance of pre-combat checks and inspections.

"We're here to facilitate and generate discussions," said Makwakwa. "They're solving their problems in a learning environment versus doing it out on a real mission," he added.

Knowing the importance of leadership in the U.S. Army, it was important to Bagby that the first course be for the Afghan army's senior leaders. However, they have plans to continue teaching, starting with a team leader's course later this spring. Bagby also plans to eventually turn the courses over to be taught by the ANA.

"My goal is to turn it over to them,

then we'll just over see it and not do anything except assist them," he said. "That will be a win, having them educating their own troops."

With the first course over and planning already getting started for the next, Bagby and Makwakwa see progress being made and potential to develop the current and future leaders of the Afghan National Army.

"This is my fourth tour here in Afghanistan and there are definitely significant changes in the ANA," said Makwakwa.

"Overall, I think it was a success and I was glad to be a part of it," said Bagby. "We're here to help build their army and part of building any army is educating leaders. Whether it's our Army or theirs, it doesn't matter."

New library, publishing system SIPRNET site online

Special to the Outlook

The Library of Army in Europe Publications and Forms and the Army in Europe Publishing System have merged into the Army in Europe Library and Publishing System SIPRNET site.

The new site is http://www.aepubs.eur.army. smil.mil. The site enables access and download of publications (including classified or FOUO) and forms, providing access to departmental publications that would otherwise be unavailable.

The site will eliminate the need to transfer forms from an unclassified to a classified system, saving time and money, and provide a secure means for completing forms that become classified or FOUO when filled in.

E-mail customer.service.aepubs@eur.army. mil or call DSN 314-379-6438/6419 for more info.

Spc. Michael

of the Year,

Crawford, USAG

Vicenza Soldier

competes in the

land navigation

portion of the

competition

March 17 on

Caserma Ederle.

visit www.flickr.

com/photos/

usagvicenza.

Kreider

Photo by Laura

For more photos,

SOY NOY

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The competition was developed to challenge the Soldiers both physically and mentally, and the competitors never knew what would come next, said 1st Sgt. Troy White, first sergeant for the garrison's Headquarters and Headquarters Company.

"This kept them on their toes and they rose to the event," White said. "I could not have asked for a better group of competitors. They put forth 110 percent every day and walked away exhausted at the end. They left nothing to chance and showed a true spirit of competition."

The winners were announced March 18 at the garrison headquarters. The

Medical Command NCO and Soldier of the Year are Sgt. John Stepp, Southern Europe District Veterinary Command, and Spc. Saidkhodja Kasimov, United States Army Dental Clinic Vicenza. The Vicenza garrison winners are Staff Sgt. William Delong and Spc. Michael Crawford. The winner for USAG Livorno is Staff Sgt. Shawn McKenna.

"These competitions are important because they develop Soldiers and NCOs and make them better," said Command Sgt. Maj. Jeffrey Hartless, garrison command sergeant major, who judged parts of the competition and announced the winners. "Whether they win or lose, all competitors are better for having competed. They go beyond the scope of their normal duties and push themselves. These competitions keep our Army



traditions alive and give Soldiers and NCOs another way to excel."

Delong and Crawford will represent Germany.

USAG Vicenza at the May 2 - 6 IMCOM-Europe competition in Grafenwoehr, Germany.

Volunteer Spotlight

Vicenza Army Volunteer Corps highlights local members

By SASHA SIBILLA

Outlook contributor

Sherri Funk has been an active volunteer at Caserma Ederle since her arrival just over a year ago. She joined the Army Community Service Financial Readiness team almost immediately, then added the post chapel and Vicenza Community Club to her volunteer activities.

"I love the interaction with people in the community and being in the 7942 or visit www.myarmyonesource.com.

'know'" says Funk who spends 30-35 hours each week volunteering. In addition to completing regular hours at ACS, Funk volunteers when needed at the chapel and is the president of the VCC.

"I love all of the places that I volunteer and recommend that everyone who is interested in volunteering look for a place where they love to be and seek out a volunteer opportunity there," she said.

To join Vicenza's Army Volunteer Corps or for information, call 634-7942 or *visit www.myarmyonesource.com*.



Sherri Funk volunteers 30-35 hours weekly

The Outlook

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The editor reserves the right to edit all submissions for style, brevity and clarity. Circulation is 3,000 per week.

At your service

Wellness Center



Audrey McDonald is the health promotion technician at the Vicenza Army Wellness Center.

McDonald is available to answer questions and schedule appointments for fitness assessments, metabolic testing, educational classes, biofeedback/massage chair, unit assessment and unit briefs.

"I'm also the program manager for the Walk 4 Freedom, which entails collecting miles, updating participants and drawing for prizes each quarter.

She works in Bldg. 112, located upstairs in the new addition of the post gym, Monday-Friday from 7:30 a.m.-noon and 1-4:30 p.m.

McDonald can be reached at DSN 634-8186 or CIV 0444-71-8186.

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Garrison News





Before and after:

Before (far left, last year) and after (March 2010) shots of Caserma Ederle's Michelle Miller. After battling weightrelated health problems similar to those that contributed to family members' premature deaths, Miller decided to lose weight. Hard work, motivation and the guidance and support of family, friends and the USAG Vicenza Wellness Center, she said she is well on her way to healthier life. Miller lost 52 pounds and dropped from a size 24 to a size 14. She continues working out on her own - two hours a day Monday-Friday, eating healthy and visiting the Wellness Center for monthly weigh-ins.

Instead of walking, now I can run. Instead of grabbing fast food to eat, I learned how to eat and prepare healthier meals for me and my family.

Michelle Miller

Villaggio resident and Vicenza Health Center medical assistant

Local woman drops 50 lbs, gains new lease on life with motivation and Wellness Center

BV ADRIANE FOSS

Outlook Editor

I'm going to die.

Villaggio resident and Vicenza Health Center medical assistant Michelle Miller was certain of that after a high cholesterol diagnosis last year was tacked on to her other health issues.

At 240 pounds, with high blood pressure and low self image, she decided—once and for all—to shed the pounds.

"Both of my parents passed away from heart disease, diabetes, high cholesterol," explained Miller. "At age 41, I had been on blood pressure medicine for over 10

Days after her high-cholesterol diagnosis, Miller cut out fast foods and sodas and began exercising.

Fifteen pounds and a few weeks later, she met girlfriend and Army veteran, Shannon Reynolds, who Miller said enjoys working out.

"Shannon told me that whenever I got serious about working out, I should let her know. I saw her again one day, then we started meeting at the gym," said Miller. "We were working out three to four hours a day Monday to Friday, doing everything from lunges to the exercise bike. It was like boot camp for

Miller said the weight continued to come off, and she continued to work out daily. Reynolds introduced Shannon to the garrison Wellness Center, where a 10-minute test showed her that her metabolism

was extremely low. The Wellness Center staff created a personalized meal plan for Miller and with large hips," said Miller, "but I still advised her, based on a fitness level

assessment, on how to reach her goals. find clothes to fit my body and I didn't She continues to visit the Wellness Center for weekly weigh-ins.

Miller said she is 52 pounds lighter and 10 dress sizes smaller, has been taken off blood pressure medicine, decreased her cholesterol levels and loves herself again.

> "Instead of walking, now I can run," she said. "Instead of grabbing fast food to eat, I learned how to eat

and prepare healthier meals for me and my family and be full afterwards. I learned how to intake the right kinds of calories from the right kinds of foods. But most important, I love

"I've always been that thick girl, thought I looked pretty. I just couldn't like the way I looked in the clothes. My husband and daughter love to go places, but I would find excuses not to go because I just didn't feel comfortable, didn't want to be seen.

"My family has been very supportive and always loved me no matter what I looked like," she said. "It was just me who had the problem with the way I looked."

Problem solved, said Miller. As she continues to drop pounds, a low self image and what she considered a weightrelated death sentence, she's happier

"Being healthy is a lifestyle. It's the way to go," she said. "I just hope I can motivate someone else."

Community members who are interested in weight loss or performance enhancement can call the Wellness Center, located in the post gym, at 634-8186 or CIV 0444-71-8186.

Health care reform passes, Tricare meets bill standards

American Forces Press Service

The Tricare military health plan meets the standards set by the health care reform bill the House of Representatives passed Sunday. Defense Secretary Robert M. Gates said in a statement issued Sunday.

Calling their health and well-being his highest priority, Gates reassured servicemembers and their families that the legislation won't have a negative effect on Tricare, which "already meets the bill's quality and minimum benefit standards."

"This was clarified by a vote in the U.S. House of Representatives [March 20], and is expected to be reaffirmed by the Senate," Gates said in the statement.

"The president and I are committed to seeing that our troops, retirees and their families will continue to receive the best quality health care," the secretary said.

Spring to mark start of personnel system transition

By ELAINE WILSON

American Forces Press Service

The Defense Department is on track to transition the majority of its more than 220,000 civilian employees out of the National Security Personnel System by Sept. 30, more than a year ahead of deadline, the official heading up that transition said Feb. 18.

The 2010 National Defense Authorization Act called for the termination of NSPS by January 2012, bringing an end to a controversial personnel system that's been operational for less than four years.

The majority of employees will transition -- starting this spring -- back to the decades-old General Schedule system, but with an assurance in regard to pay.

"I am committed to ensure, as directed in the National Defense Authorization Act, that employees experience no loss of, or decrease in, pay upon conversion," said John James, Jr., director of the Pentagon's NSPS

transition office. "The department believes in that and believes it is the right thing to do."

This preservation of pay encompasses all employees. For instance, NSPS employees who are paid a salary that exceeds Step 10 -- the highest step under the GS system -- of their pay grade will retain their pay upon conversion, James explained.

An employee's grade upon conversion will be determined by classification specialists using the same criteria in use for GS employees, James said.

"An employee's position will be evaluated under the General Schedule system and classified," he said. "If that position classifies out as a GS-13, then that employee will become a 13 when they transition."

While DoD has a goal for transition completion, James said each organization and component will make a determination on a timeline based on four factors.

To read the full story, visit http://www.defense.gov/ news/newsarticle.aspx?id=58008.

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Top 10 top reasons to choose Camp Darby

Story by CHIARA MATTIROLO USAG Livorno Public Affairs

This spring break Camp Darby has something for everyone:

1. The first destination you don't want to miss is the Leaning Tower. At 10 minutes drive from Camp Darby, the famous Piazza dei Miracoli is also home of the cathedral, the baptistery and the camposanto (cemetery).

2. Hikers will love Cinque Terre with its five villages connected by hiking trails along the coastline, a unique, unforgettable experience. Camp Darby ITR offers day trips to Cinque Terre April 10 and 14.

3. Tuscany is also home of the world-renowned Chianti wine. Camp Darby ITR is offering a wine tasting trip to an 11th century castle April 16.

4. Ceramic fans can find the best Tuscan ceramics at Montelupo (FI) where it is possible to find unique pottery and visit the Ceramics Museum to learn more about this art

5. The medieval town of Volterra' with its alabaster structures, is located about one hour drive south of Camp Darby.

O. A 30-minute drive from Camp Darby is the beautiful town of Lucca. The city is surrounded by 16th century walls. Lucca is a lovely place for walking, biking, shopping or even climbing the medieval tower for an incredible landscape.

7. Children can enjoy the **Pistoia Zoo** with more than 400 animals. The zoo is open daily from 9 a.m. to 5 p.m.

8. Learn all about the favorite children's character Pinocchio in his hometown of Collodi (PT). Pinocchio Park is open daily from 9 a.m. to sunset.

9. If climbing is your hobby, both children and adults can enjoy different paths based on age and experience at Riparbella Adventure Park.

10. Camp Darby offers one of the most economical lodging facilities in the area. The Sea Pines Lodge has accommodations to meet every need.

To plan your spring break trip or summer vacation, visit www.usag. livorno.army.mil and click "Plan My Vacation" for local events, sites and things to do in Tuscany.

Don't miss Karaoke Night weekly at the DCC

Sing along with Bibi at Karaoke Night every Thursday at the Community Club.

Call 633-7855 for details.

Experience Florence with ITR

Spend a day in Florence at your leisure April 3. Call ITR for more information at 633-7589.

ACS 'women and money' class slated

Women make many of the money-based decisions in our world today, including purchases and investments.

Learn more Wednesday. Call ACS for more information at 633-7084.

April Fool's Day 5K slated April 1

Start off April with a 5K run April 1 at 7 a.m. in front of the

Call Sports & Fitness for more information at 633-7440.

Easter egg hunt, barbecue set at Spring Fest

Community members are invited to the Spring Fest celebration April 3 from 11-3 p.m. at the DCC for an Easter egg hunt, barbecue lunch and games for everyone.

Call Parent Central Services at 633-7681 for details.

Camp Darby religious activities

For details, call the chapel at 633-7267 (050-54-7267).

9:40 a.m.: Catholic Reconciliation

10 a.m.: Catholic Mass

11:15 a.m.: Protestant

10 a.m.: Protestant Sunday

11:15 a.m.: Catholic CCD

Christian Men's Bible study is every Thursday at 5 p.m. in Mertz Hall at the Darby Chapel.

Protestant Women of the Chapel Bible study meets Tuesday from noon to 1 p.m. and Wednesdays from 5:30-6:30 p.m.

Choir practice is at 9:30 a.m. on Sunday before Mass.

* The chapel is collecting cardboard, robes, children's plastic swimming pools and cardboard rolls from paper towels and toilet paper.



Sea Pines Log

March 25, 2010





Cinque Terre

Photos by Joyce Costello

Out&About



Local festivals & shows

12th Ceramic Eggs exhibit: through April 11 in Nove at the Museum of Ceramics, Piazza De Fabris 5, about 18 miles north of Vicenza. (see photos above)

Each year Nove celebrates Easter with an exhibition of ceramic eggs made by Italian pottery artists. Free entrance.

Grand opening set Saturday at 11:30 a.m.; open on Saturday, Sunday and Italian holidays 10 a.m.-noon and 3-7 p.m.

105th Saint Joseph Festival & 11th Spit-Roasted Quail Fair: Saturday and Sunday in Villaganzerla, nine miles south of Vicenza. Carnival rides, fair trade market, craft show, painting and photo exhibits, food and raffle.

- Saturday: 9 p.m. ballroom dancing with Lara & Mara Venezia.
- Sunday: 9 p.m. ballroom dancing with Checco & B. Band; 11 p.m. raffle drawing.

Palm Festival: Friday-Tuesday, in Isola Vicentina, about 10 miles northwest of Vicenza. Food stands and market on Via Calisignano and Via Cantarana; children rides in Piazza Marconi e Mattei.

Processo alla Vecia Fila—an old farmer's tradition of burning the puppet of an old lady on Saturday at 8 p.m. in Malo, Piazzale Don Montanaro, about 24 miles northwest of Vicenza. Costume parade, live music and folk dances. Food booths with local products.

Brusar Marso-bonfire night: Wednesday at 8:30 in Lusiana, Piazza IV Novembre, 24 miles north of Vicenza.

A bonfire reminiscent of ancient rites is held to welcome spring and celebrate the awakening of nature after its winter sleep.

Galileo, Venice and the Moonhistorical/scientific exhibition: through April 5 in Bassano del Grappa, Palazzo Bonaguro, Via Angarano, about 22 miles northeast of Vicenza.

Open Thursday-Sunday, 10 a.m.-12:30 p.m. and 3-6 p.m. Closed on Easter.

Admission is 3 euro, 2 euro for children ages 10-18 and senior citizens over 60. Free for children under 10.

Jacopo Bassano and the Wonderful Optical Illusion Exhibition: through June 13, open daily 9 a.m.-7 p.m. in Bassano del Grappa at the Museo Civico, Piazza Garibaldi 4, about 22 miles northeast of Vicenza.

The exhibit is a tribute to Jacopo Bassano marking 500 years since his birth. Born Jacopo da Ponte, he later assumed the name of his birthplace.

Admission is 9 euro; 7.50 for children ages 10-18 and senior citizens over 60. To buy tickets online, visit http://www.teleart.org/start/inizio.php?idSito=401.

The Pink Mile-1.8 K non-competitive walk: Saturday at 2:30 p.m. in Vicenza, Viale 10 Giugno at the intersection with Viale Dante.

The goal is to raise cancer awareness and prevention. Participation fee is 3 euro. Proceeds will go to a cancer research institute.

Spring Walk: Sunday in Brendola. Free guided tour to the Madonna Dei Prati Church and the Casavalle Villa. It departs at 1:45 p.m. from Piazzetta del Donatore 1.

Gitando.VI-leisure time exhibition: through Sunday. Hours are Thursday-Saturday from 9 a.m.-9 p.m.; Sunday from 9 a.m.-8 p.m. in Vicenza, Via dell'Oreficeria 16. Exhibition of camping, sportswear and leisure goods, hobbies, cars, boats, holiday ideas for all tastes and pockets. Free entrance.

Orfei Circus: through Monday in Vicenza, Foro Boario. Daily shows at 5 p.m. and 9 p.m. On Sunday at 3:30 p.m. and 6 p.m. Tickets range from 7 to 18 euro/

person. Get a two-euro discount by showing American ID.

Antique market: Sunday in Piazzola sul Brenta, Villa Contarini 16 miles east of Vicenza. More than 700 vendors and food booths.

The Odeon Theater in Vicenza, Corso Palladio 176, will be featuring movies in English through the winter. Up in the Air shows Monday 5, 7, and 9 p.m. Tickets cost 6 euro. Visit www. mymovies.it/cinema/vicenza/6217/.

Free local events

Back to Black DJ set-70's songs: Friday at 10 p.m. in Vicenza at Bar Sartea, Corso S. Felice e Fortunato 362

Easter Concert: Saturday at 9 p.m. in Vicenza at the S. Paolo Church, Via Carducci 13.

Blake in concert–Pearl Jam cover: Saturday at 10 p.m. in Vicenza at the Bar Sartea, Corso S. Felice e Fortunato 362

Live jazz with Patrizia Laquidara: Sunday at 9 p.m. in Marostica at the Panic Jazz Club, Piazza degli Scacchi, about 18 miles north of Vicenza.

Explore the spring sky at the astronomical observatory in Arcugnano Tuesday at 9 p.m., Via S. Giustina 127, about five miles south of Vicenza. View the sky and the planets in great detail with the observatory's telescope.

Jazz not dead festival with Daniel Wang: Tuesday at 10 p.m. in Vicenza at the Bar Sartea, Corso S. Felice e Fortunato 362

Next Step Quartet-live jazz: Wednesday at 10 p.m. in Marostica at the Panic Jazz Club, Piazza degli Scacchi, 18 miles north of Vicenza.

Sporting events

World Figure Skating Championships: through Sunday in Torino, Palavela.

Superbike Italian Round

Looking to buy or sell items? Check out MWR's Marketplace at www.mwrmarketplace.com.

Monza: May 7-9 in Monza.

MotoGP, the Italian Grand Prix 2010: June 3-5 and Sept. 3-5 at Mugello Circuit in Scarperia (Florence).

Superbike Championship San Marino Round: June 25-27 at the Misano World Circuit.

Harlem Globetrotters: May 7 in Florence at the Nelson Mandela Forum; May 9 in Milan at the Mediolanum Forum; May 10 in Varese at the Pala Whirpool.

Formula 1 Italian Grand Prix: Sept. 7-9, in Monza.

For more information in English and tickets, visit http://www.ticketone.it/EN/.

For tickets or information in English, *visit http://www.ticketone.it/EN/.*

Concerts

Tokio Hotel: Friday in Padova, Palasport.

Kevin Costner & Modern West: Wednesday in Milano's

Smeraldo Theatre.

Ian Paice & Tolo Marton: April 8 in Padova, Gran Teatro.

Foreigner: April 11 in Milan, Alcatraz Club.

Alicia Keys: May 2 at the Verona Arena.

Whitney Houston: May 3 in Milan, Assago, Mediolanum Forum; May 4 in Rome.

Buy tickets at Media World in the Palladio mall or www.greenticket.it/index.html?imposta lingua=ing.

ODR trips

Ski Kronplatz April 3 with ODR.

Visit **Trento and Buonconsiglio Castle** April 9 from 8:30 a.m. 6:30 p.m. Cost is \$55 (free for children under 2) and includes transportation and entrance fee to the castle.

Check out other exciting trips coming in the ODR new spring and summer schedule at *VicenzaMWR*.

Now Showing

Ederle Theater

	=40110 11104101	*****	
Thursday	Day Breakers (R)		6 p.m.
Friday	Nine (PG-13)		6 p.m.
	Book of Eli (R)		9 p.m.
Saturday	Spy Next Door (PG)		3 p.m.
	Bounty Hunter (PG-13)		6 p.m.
Sunday	Spy Next Door (PG)		3 p.m.
	Bounty Hunter (PG-13)		6 p.m.
Wed.	(Movie To Be Announced)		6 p.m.
March 25	Book of Eli (R)		6 p.m.
1			

Camp Darby Theater

Friday	Nine (PG-13)	6 p.m.
Saturday	Spy Next Door (PG)	6 p.m.
Sunday	Alice in Wonderland (PG)	1 p.m.
March 25	(Movie To Be Announced)	6 p.m.

Admission: Age 12 and up \$4, under 12, \$2. The Ederle theater box office opens one hour prior to show.

View MOVIE TRAILERS and the schedule online at http://www.aafes.com/ems/euro/vicenza.htm or http://www.aafes.com/ems/euro/livorno.htm.

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Community briefs

Furniture collectibles auction and sale

The community is invited to a furniture and collectibles auction and sales, hosted by the Vicenza High School booster club, Saturday at the high school gym.

The silent auction preview starts at 10 a.m. Live auction starts at 11.

Saturday power outage

DPW has scheduled an intermittent power outage that will affect all of Caserma Ederle Saturday from 5-10 a.m.

This outage will test the cogenerator that provides back-up power to the base. During this period, power will be disconnected for a few minutes at a time.

Estate claims

Anyone having any claims on or obligations to the estate of Pvt. Nicholas S. Cook of B Company, 2nd Battalion, 503rd Infantry should contact the summary courts martial officer, 2nd Lt. Steven J. Swanson at DSN 634-7065.

Eggstravaganza April 3

The annual Easter Eggstravaganza is scheduled April 3, 11 a.m..-3 p.m. on the sports fields. Activities include an egg and candy race, balloon creations, face painting, bouncy house and an all-new egg splash at the post pool.

Hot dogs, snacks and drinks will be available. Bring your camera and take photos with the Easter Bunny. Call 634-5087 for information.

Baby-sitter training offered Saturday

A baby-sitter training course will be offered by the Red Cross Saturday, 9 a.m.-4 p.m. Cost is \$35 and includes the book and baby-sitting kit.

The interactive course teaches leadership, first aid, safety, basic care, finding and interviewing for jobs and more.

Call 634-7089 / CIV 0444-71-7089 to sign up or visit Bldg. 108, Room 47. Pre-registration required.

Win at the PX

Shoppers can fill out forms to enter the **Coke NCAA Sweepstakes** through April 1. Winner may see Jayhawks win the NCAA crown.

Shoppers can also visit http://surveys.intouchsurvey.com/ITSV/

surveys/AAFES/CSWebOct08/ and fill out a survey using a receipt number and store number 4910 to enter an AAFES sweepstakes and win prizes.

Volunteers invited to May luncheons

The community and youth volunteer recognition luncheons and ceremonies are scheduled May 5 and 11. Volunteers who are registered at and have logged hours on www.myarmyonesource.com will be invited to the ceremony.

Minor repair service available to spouses

The Vicenza chapel community sponsors Operation Handyman in support of deployed units.

The program assists spouses of deployed troops with minor household repairs, including yard maintenance, auto repair advice or computer problems. Contact Steve Berger at 0444 535-652 or steveandkirstin@gmail.com. Each job will be completed with no less than two volunteers and the program is accepting volunteers.

Technical instructor jobs available

Global Knowledge Germany, as part of the U.S. Army Training program, is seeking individuals to teach U.S. Army trainings at the AE-ITT training facility in Vicenza. Army background and teaching experience desired. Qualifications include CompTIA, Microsoft Sharepoint and other IT certifications. Call DSN 379-5552 (+49-6202-80-5552) or e-mail Jeffrey.lodge@globalknowledge.de

MOMS Club events ■ Friday: Infant Playgroup 11

- Friday: Infant Playgroup 1 a.m.
- Monday: Monthly Meeting 10 a.m.
- Tuesday: Toddler Playgroup 10-11:30 a.m.

E-mail momsclubofvicenza@yahoo.com.

Help decide how much COLA you receive

Community members are urged to participate in a survey at https://www.defensetravel.dod.mil/oscola/lps/italy/ to help determine the amount of COLA families in the area receive.

Easter sunrise service

The community is invited to the annual Easter sunrise service, hosted by the post chapel, under the pavillion at Hoekstra Field April 4 at 7 a.m. A no-host breakfast will follow at the DFAC. Call or e-mail douglas.thomison@eur.army.mil or 634-7472.

Developmental screenings set April 7

Vicenza Elementary School and EDIS is sponsoring Child Find April 7 from 8:30 a.m.-4 p.m. in Room 301 at the elementary school. Have your infant, toddler or preschooler screened by a member of the Early Intervention or Developmental Preschool team.

Free screenings, recommended for all children, will be offered for children up to age 5. Call 634-5008 or CIV 0444-71-5008 by April 5 to make an appointment.

High school parent, student sessions

Vicenza High School is seeking parent-student input during evening sessions to develop the master course schedule for school year 2010/2011. The sessions will allow the school to create a more student-friendly schedule, the student to request courses and allow students and parents to better understand: semester and yearlong credits, weighted grades, GPA and the 2.0 GPA graduation requirements for all DoDEA high school students.

Each session is dedicated to a specific grade-level, but all grade levels can select courses each night. It is important to the process that the parent/sponsor and the student attend together. Sessions are from 5-7 p.m. at the Informatoin Center as follows:

Monday: Future 9th graders
Tuesday: Future 10th graders
Wednesday: Future 11th

April 1: Future 12th graders

Find travel restrictions updates online

Recent changes have been made to the various entry requirements for Austria, France and Switzerland. Community members are encouraged to view the Electronic Foreign Clearance Guide Web site, which lists travel

regulations and restrictions for virtually every country around the world, periodically to view updates. Visit https://www.fcg.pentagon.mil/fcg.cfm.

Fun events slated for Military Child Month

April is Month of the Military Child and Child Abuse Prevention Month. Many events are planned for the month and most are free. Visit the *MWR.com* community calendar for complete listing. The upcoming week's events include:

- Italian dance performance at Soldiers' Theatre April 1, 6:30 p.m.
 - Homeschooler trip April 2
- Pinwheels for Prevention and Fun Run for youth April 2 at 3 p.m. on the running track
- Family Scavenger Hunt April 5, 3:30 p.m.
- Hero Tree Art activity at the library and art center
- SAC barbecue and open house April 9, noon -3 p.m.

ADHD/Autism support

The ADHD and autism support group meets April 1 at 11 a.m. to discuss solutions to the challenges of living with a child in the spectrum. Everyone is welcome.

Product recalls

The U.S. Consumer Product Safety Commission announced a voluntary recall of Graco Harmony high chairs due to a fall hazard. Consumers should stop using product immediately. Visit *cpsc.gov* for recall and safety information.

Also, infant deaths have prompted a CPSC warning about sling carriers for babies. Visit http://www.cpsc.gov/CPSCPUB/PREREL/prhtml10/10165.html.

Community Calendar Highlights

Friday: No School for Students (Full Day CSI)

Wednesday: Info-X

April 4: Easter Sunrise Service **April 5:** Italian Holiday (Easter Monday)

April 9: No School for Students **April 9-12:** Training Holiday

April 9-12: Training Holiday **April 12-16:** Spring Break

May 5: Community Volunteer Recognition Luncheon

Religious activities

Chaplain Crisis Line

To speak with a chaplain after hours, call **634-KARE** (634-5273).

Sunday services

8 a.m.: Sacrament of Reconciliation, or by appointment 9 a.m.: Roman Catholic Mass (Daily Mass is held weekdays at noon)

9 a.m.: Protestant Sunday school and AWANAs (September-May at Vicenza High School)

10:45 a.m.: Catholic religious education (September-May at Vicenza High School)

11 a.m.: Protestant worship
1:30 p.m.: Full Gospel
Pentecostal worship
5 p.m.: Contemporary Christian

Mondays

Noon: LDS scripture study

service

Tuesdays

9:15 a.m.: Protestant Women of the Chapel

Wednesdays

3 p.m.: Praise dance practice **3:30 p.m.**: Middle School Club Beyond meets in VHS cafeteria September-May

5 p.m.: Contemporary Praise band practice

5:30 p.m.: PWOC evening Bible study (beginning Sept. 8. Child care offered for children ages 6 weeks to 4 years.)

5:30 p.m.: High School Club Beyond meets at the Teen Center September-May. Call 340-139-4073 for information.

5:30 p.m.: Catholic choir practice **6:45 p.m.:** Gospel choir practice

Thursdays

9:30 a.m.: Catholic Women of the Chapel

5:30 p.m.: Gospel service choir rehearsal

7:15 p.m.: Gospel service Bible study

Faith group contacts

Islamic: Spc. Kasimov, 329-034-3511.

Jewish: Sandy Schoenberg at

634-6202 or sandy.schoenberg@eur. army.mil.

Latter Day Saints: Scripture

study held Mondays, noon-1 p.m. at chapel. Sunday services, 9:30 a.m.-12:30 p.m. downtown. Call Sean Peterson at 335-821-9492. *Call the Caserma Ederle chapel at 634-7519 (0444-71-7519) for religious activities information.*

Spring holiday services

Messianic Passover Sedar Supper, Monday in the chapel activity room at 5 p.m.

Lenten Catholic Penance Service Monday in the sanctuary at 5:30 p.m.

Catholic Holy Thursday Mass and Adoration April 1 in the sanctuary at 7:30 p.m.

Protestant Easter workshop for families April 2 in the chapel activity room at 5:30 p.m.

Catholic Good Friday Service April 2 in the sanctuary at 3 p.m. Gospel Good Friday Service April 2 in the sanctuary at 7:30

Catholic Easter Vigil April 3 in the sanctuary at 8:30 p.m.

All other Easter Sunday Services will follow the regular Sunday schedule.

Financial education:

Alessandra Pellizzari, Community Bank senior teller, shows a 20-euro bill to Vicenza Elementary School second graders during a visit to the bank March 12. The students, accompanied by VES teacher Mary Generelli, learned about bank teller lines, the ATM and the vault. "We even got to see a machine that counts money and it counts it real fast," said student Hannah Petree.

Congratulations to the following Caserma Ederle students. They are the February winners of the Military Youth Saves Contest. First place winners will be awarded savings bonds sponsored by the PTSA. Runners-up will receive Community Bank savings bonds.

1st place winners: Sasha Shelor – kindergarten, Evan Heryford – 4th, Sam Moldenhauer – 8th, Jake Leible – 3rd Runners-Up: Bridget Craig – 2nd, Jacob Seponic - 3rd, Josie Anderson – 6th, Cloyey Lowney – 7th

Photo by Laura Kreider



DON'T BE LATE: E-mail briefs to editor@eur.army.mil noon Monday or by Friday at 4 p.m. if Monday is a holiday.

March 25, 2010 THE Outlook

Participants make their way during a previous year's Normandy Trail Ride, cycling through the French countryside and militarilyy significant region sof France.

Courtesy photo



Take a ride -- on the French side

Special to the Outlook

Registration is now open for the Normandy Liberty Trail Ride, a challenging recreational cycling trip June 4-6 through some of the most beautiful countryside and militarily significant regions of France's Cotentin Peninsula.

The ride coincides with D-Day memorial observances, and the event is an annual pilgrimage for cyclists throughout U.S. Army Europe.

The event will begin with the

traditional church service in Périers and departure from the city hall with commemorative ceremonies along the way, including Ste-Mère-Église.

Though this is not a competitive event, it requires participants to be fit, as cycling routes average 120-130K per day.

The daily rides will begin and end in Périers, with a midday meal and midmorning and mid-afternoon snacks.

The full daily distance is broken up into four segments of approximately. 30-35K. The registration cost of 83 euros includes an event jersey and tickets for three lunches (plus mid-route snacks), and also covers the motorcycle escort, emergency medical and roadside repair services, and a "sag" bus.

Registration is limited to only 400 cyclists (only road/racing bikes are allowed) and deadline for registration is April 15, 2010.

For more information or a registration form, visit www.voiedelaliberte.fr (choose English, then the "Registration by Courier" tab) or e-mail ron.rasch@ eur.army.mil for a registration packet.

Coaches needed

More coaches are needed or CYSS will be unable to offer children's baseball or softball leagues this year.

Potential coaches must pass a background check, and will receive training and certification in coaching, child abuse prevention, CPR and first aid. To volunteer or for more information, contact 634-6151, alex.ruiz5@eur.army.mil or sky. clarke@eur.army.mil.

Recreational Soccer, Basketball, Volleyball

There will be unit/recreational open play weekly at the fitness center for the following activities:

- Basketball: 11:45 a.m.-1:30 p.m. every Monday, Wednesday and Friday for 13 or more players.
- Volleyball: 6:30 p.m. every Tuesday for 13 or more players.
- Soccer: 7 8:30 p.m. every Tuesday and Thursday for 16 or more players.
- Female Basketball: 11:45 a.m.- 1 p.m. every Thursday and 3:45 p.m.-5 p.m. every Sunday, for 8 or more players.

Youth Baseball

The CYSS Sports & Fitness Minor Baseball league for 8-9 year olds will be hosting the Vicenza Palladio Mini Baseball Team every Friday from April 23 - May 28 at the Villaggio Housing Baseball Field.

For more information, call Alex Ruiz, Youth Sports & Fitness at DSN 634-6151

Children's Fun Run

Join us for a Children's Fun Run and the signing of the proclamation for Month of the Military Child and Child Abuse Prevention Month April 2 from 3 - 5 p.m. at the main post track.

Skateboard building

Youth in grades 6-12 can assemble and customize their own skateboard with the EDGE program at the Art Center April 23. Enroll online at WebTrac 928307-03-04 or at Parent Central Services. Space is limited. Call 634-7502 for more information.

DODGE BALL Soldier League Standings

Team	Win	Loss
46th MP Po Po's	3	0
Cup Cakes	0	4
Lame Ducks	4	1
AFN Vicenza	2	1
Two Tons of Irony	1	3
Health Clinic	3	3

Game Scores March 17

Health Clinic 2 vs. Lame Ducks 6 Cup Cakes 2 vs. Lame Ducks 6

SKIES begins youth swimming lessons enrollment

SKIESUnlimited

SKIESUnlimited will kick off its aquatics program for kids April 20, with enrollment opening April 1.

"Once our staffing is at full strength, SKIES will be offering swim lessons at every level from Parent & Me Infant classes to stroke development for the advanced and competitive swimmers," said Kelli Covlin, SKIESUnlimited program manager.

SKIESUnlimited is currently conducting swim assessments for youth ages 4 and older for swim lessons this spring and summer. Assessments are Thursday at the post indoor pool from 3:30-4:45 p.m., and Tuesday and Wednesday from 3:30-5:30 p.m. Youth must come dressed to enter the water. Children do not need an assessment to be enrolled in Parent & Me classes.

"It is important we assess each child, even if they have taken lessons in the past, since many youth have improved or 4:15-5 p.m. have forgotten some of their skills since



assists 7-yearold Everardo Aguilera with floating during a swim assessment March 18 at the post indoor pool. To enroll in swim classes, children must have a current swim assessment. Photo by

Kelli Covlin

Kristin Hodges,

SKIESUnlimited

swim instructor,

last summer," said Covlin. "We want to ensure everyone gets into the appropriate level for instruction."

During the first session, April 21 - May 14, SKIES will offer lessons for Level 1 and Level 4 swimmers on Wednesdays and Fridays. Level 1 will meet 3:20-4:05 p.m. and level 4 will meet

"We have a number of instructors

teaching swim lessons with SKIES," said Covlin. "All instructors are either American Red Cross Water Safety Instructor certified or certified with the Italian Swimming Federation."

Enrollment begins April 1 at CYS Services Parent Central Services. Parents must present their children's assessments to enroll. Cost is \$64 for eight lessons. The maximum class size is six youth.

Parent & Me swim Jessons set

SKIES is offering Parent & Me swim lessons for infants, toddlers and preschoolers April 20 - May 14. No assessment is needed. Parent & Me Infants class, for children

6-17 months, will be Tuesdays and Thursdays. Parent & Me Toddlers class, for children

18-36 months, will be Tuesdays and Thursdays.

Parent & Me Preschoolers class, for kids 3-5 years, will be Wednesdays and Fridays.

All Parent & Me classes will be 10:30-11 a.m. at the indoor pool. Parents are required to participate. Cost is \$64 for eight lessons. Enrollment opens April 1. Enroll at Parent Central Services or online at Webtrac.

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EFMP Fun Run:

Family members Skyler and Ella Ray pose for a photo after the Exceptional Family Member Program's Fun Run at the North 40 track March 13. The run coincided with the Spring 5K run and the Walk 4 Freedom kick off.

Skyler, Ella and all the other participants in the Fun Run received a medal for taking part.

Photo by Laura Kreider

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